MUCKLE CYCLE CLUB OPEN HILL CLIMB – PROSPECT HILL, CORBRIDGE, NORTHUMBERLAND – SUNDAY 22nd OCTOBER 2023 9:01am

Promoted for and on behalf of Cycling Time Trials under their rules & regulations

This is a Northumberland & Durham Cycling Association HC BAR Event

Event Secretary:	Greg Charlton 22 Sandringham Meadows Blyth Northumberland NE24 3AN Tel: 07476091274 Email: gregwcharlton@gmail.com
Timekeeper:	Sharon Dyson
Timekeeper:	Frances Schultz
Timekeeper:	Peter Schultz

Event HQ – Sign on will be at the Parish Church Hall (marked with an X below), St Helens Street, Corbridge, NE45 5BE. We are using the main hall for the event. There are several car parks in and around Corbridge, and it is free parking on a Sunday. There is very LIMITED parking around the HQ so my advice is to park and ride. There are plenty of streets to park on within a 5 min ride of HQ. Corchester Lane which is the left BEFORE the right turn onto St Helens Street has no parking restrictions and could be used for parking. For those not familiar with Corbridge there is a one way system so please adhere to that. If you are parking, please use common sense and consideration to the residents. After the event please remember to sign off and return your number back to HQ where there will be tea and care available

The start line on Prospect Hill (the green dot) is about 5-10 minutes away from the HQ so please give yourself enough travel time ahead of your start time. There are traffic lights on the bridge over the water which could add extra time to your journey.



Parking/Toilets – There are to be no cars parked on the hill itself. There is a stretch of road (A695) at the base of the climb that vehicles can be parked on but care must be taken when parking. Additionally there is public car parking as shown on the map below as well as places to park in the centre of Corbridge. There are also public toilets on Princes Street in Corbridge before you cross the river to head to Prospect Hill.



On Prospect Hill please ensure that you don't litter and take everything away with you at the end of the event. We want to continue to run this event in future years and want to keep our good relationship with the locals.

Please **DO NOT** cycle up or down the hill after you have finished your ride. The 2nd half of the climb is tight in terms of road space and there are some blind hairpin bends. If you head down the climb please dismount from your bike and walk down on the left hand side to ensure you don't impede another rider on their effort otherwise follow the arrowed routes below



The Climb

Course MH21 - Prospect Hill, Corbridge 0.9 miles (Hill Climb)

START on the minor Prospect Hill road approx. 100 metres south of the T-junction with the A695 south of Corbridge and proceed south uphill to FINISH at traffic sign indicating cross roads ahead.

Safety notes:

• Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users.

Riders:

- No U-turns to be made in the vicinity of the timekeepers.
- Keep strictly to the correct side of the road; and especially so at left hand/blind bends.
- Riders are not to warm up on any part of the course whilst the event is being held.
- No turbo trainers are to be used for warming up within 100 metres of inhabited properties.
- Do not arrive at the start line more than 5 minutes ahead of your start time.

All competitors must wear a Protective Hard Shell Helmet and you must have a working front and rear light, either flashing or constant, which is fitted to the machine in a position visible.

Course Records

Solo Male 03:24.5 Tom Bell 18-Oct-20

Solo Male (Junior)

03:56.6 John Russell 24-Oct-21 | Solo Female 04:53.6 Hannah Farran 23-Oct-22

Solo Female (Junior) 05:42.7 Rebecca Wren 20-Oct-19

MUCKLE HILL CLIMB

SUNDAY 22ND OCTOBER 9:01AM PROSPECT HILL, CORBRIDGE



PRIZE CATEGORIES 'ALL ENTRANTS WILL BE PUT IN A RAFFLE TO WIN A WAHOO GPS HEAD UNIT

1ST/2ND/3RD

MALE • U18 MALE • V40 MALE • V50 MALE FEMALE • U18 FEMALE • V40 FEMALE • V50 FEMALE

> *ALL CATEGORIES NEED AT LEAST 5 ENTRANTS FOR 3 PRIZES TO BE AWARDED OTHERWISE IT WILL BE 1ST ONLY

> > TEAM PRIZE - 1ST/2ND/3RD SPOT PRIZES - 35TH • 69TH

ADDITIONAL CA

82KGS+ • HC VIRGIN • LANTERN ROUGE Fancy dress • Course Record • Return & Smash It Tandem • Gurn For Earl

SUPPORTED BY

For the 82kgs+ prize, if you intend to enter this category please indicate this as you sign in and collect your number. To avoid weight doping, the person with the fastest time will be weighed (in cycling kit) before the prize giving to confirm they meet the weight requirement.